I Feel ...

Betrayed and objectified

Very worried for my friends of color, my friends in the LGBTQ community, our PLANET, my friends of different religions and all other oppressed groups of people

Confused and heartbroken; my mantra this past week has been, "How is this real life?"

Like my perception of my national peers is greatly skewed in the wrong direction

Unintentionally passive and helpless to make a difference

Disappointed, terrified and angry

Sad and scared for my community, especially people of color and queer folk

We are now, officially, the dumbest country in the world

Crestfallen, helpless and numb, that ½ my country would be so dumb; their pursuing greed giving in to hate; and now I'm afraid it's too late

Dismayed, surprised and sad

The quality of my life will be heavily influenced by the quality of my country and those who run it

I am privileged

Worried and afraid for the future and the attitudes reflected in the election results

Shocked, disillusioned, blindsided

Angry, anxious and driven

Uncertain, sad, beaten down

Together we can go far

I Believe...

In myself and the good in the world

People should step out of their comfort zones to learn how to respect each other

In the power of love and creativity to overcome difficult times

My generation will be the ones to demand and create dramatic social change

There are enough people willing to fight hate with love

That one person alone can make a change, even if it seems miniscule

This is something we can fight and resist and that those fighting are on the right side of history

It has never been more important to go into theatre as a career; to give voice to the voiceless

We have made a huge mistake, and that we need to come together and really think about the future

People are still good deep inside; I know there's a light from which evil cannot hide

We can do better and not be so divided

In change being the only constant, for better or worse

That my friends could get hurt

We can come out of this stronger – it does have to be as terrible as it feels – if we take positive actions

The vast majority of Americans are better than this

The white, middle class will suffer for their choice of President

There is still good in the world, buried under all the hatred and sadness

I Can...

Do this, and so can you

Continue to step out of my comfort zone to expand my curiosity and learn about the lives of others

Always be an ally to anyone feeling unsafe to show love and support

Use my voice and my art to speak out and be an active part of the change I wish to see

Stand against unjust actions instead of relying on complacency

Make a lot of tiny, positive changes in the world and hope that others are doing the same so that all those little changes create a larger change

Use radical love and my strengths to help us move forward

Stay radically true to my own identity, live with integrity and never stop fighting

Only hope that maybe we're wrong about this

Help change the world and bring in the light; and perhaps, with time, set this crazy world right

Use my ears to listen and my voice to build understanding between people with differing views

Ride the waves of change and in my wake allow for better quality of life for others

Help, and I will

Help build a safe, positive community that includes everyone and combats misinformation and fear

Love more

Call out racism, sexism and ignorance in a helpful. Not hurtful, way

Be the good, be the happy